

IT'S IMPORTANT TO STAY UP-TO-DATE
ON FIRE CONDITIONS IN YOUR AREA.



NSW RURAL FIRE SERVICE www.MyFirePlan.com.au

If you have a smartphone, tablet or iPad, download the **FIRES NEAR ME App** to keep you up-to-date on approaching danger wherever you are! You can download it for Apple or Android devices – simply visit the App store for Apple products and Google Play for Android - and stay safe 😊
If you need help downloading the App, simply ask your Adssi worker next time you see them.



SENIORS CARD

Did you know you can use your Seniors Card for discounts at the following businesses on the Central Coast?

- ✓ **Strandbags - TUGGERAH**
- ✓ Jonathan Paul Eyewear - TUGGERAH
- ✓ **Angus & Coote - TUGGERAH**
- ✓ McDonald's Restaurants – across the Coast
- ✓ **JAXQuickfit Tyres - WYONG**
- ✓ Bullseye Auto Part Centre TUGGERAH
- ✓ **Specsavers Australia - TUGGERAH**
- ✓ Ultra Tune Australia - TUGGERAH
- ✓ **Connect Hearing - TUGGERAH**
- ✓ Pride Mowers & Chainsaws - WYONG and more!



For a full list businesses offering Seniors Card holders a discount, please visit <https://www.seniorscard.nsw.gov.au/discounts>

Contact Us: ADSSI Limited T/A **Adssi In-home Support**

A 3A Pioneer Ave, Tuggerah 2259 E info@adssi.com.au W adssi.com.au P 1300 578 478



Senior Moments

Issue 33
Summer 2019

A Message from the CEO

Hello Everyone

Welcome to Summer! I hope you are keeping cool and comfortable and were unaffected by the recent fires.

We are pleased to be able to bring you an exciting new service – haircuts in your home. We have been working on this project for some time and have 5 qualified hairdressers on staff. This service is available to clients on specific programs (see inside for details). Please note it is not available to family and friends. I hope you are able to take advantage of this affordable and convenient service.

Our friends at the Samaritans will once again be hosting their Christmas Day lunch event at Wyong Racecourse – ideal if you're looking for some festive spirit, a delicious lunch and some lovely company. More details are inside this newsletter.

We have provided information for a very handy App for anyone with a smart device. The 'Fires Near Me' app will alert you, wherever you are, when fires are about. See the back page for details.

Please note we will be closed on the public holidays over the Christmas/New Year break (details on the right). In an emergency always call 000 and if you know you will be away during this period, please let us know.

With very best wishes for a wonderful festive season and a happy 2020.

Jenni Allan

Chief Executive Officer

In this issue...

- CEO's Message
- Smart Hub update
- Haircuts at Home
- My Aged Care
- Meet some of the team
- Seniors Card discounts

Festive Season Hours of Operation

We will be closed for the following public holidays; Wednesday 25, Thursday 26 December and Wednesday 1 January. In an emergency use your personal alarm if you have one or call 000. Please let us know if you are going away so we can reschedule services. Please call 1300 578 478.

Wishing everyone a happy Christmas and a healthy 2020.



Follow us on Facebook to keep up-to-date 😊

Invitation

to attend a FREE Home Care Package Information Session

When: Tuesday 18 February from 10am – 12 noon

Where: Toukley RSL Club (upstairs – lift available)

What: Free morning tea, free parking and comfortable airconditioned venue. Find out more about Home Care Packages when you come along to our relaxed and informative session. Discover what a Home Care Package could mean for you, the types of services you can access, and learn how to understand the terminology.

RSVP essential

Please call our friendly team on 1300 578 478.

You are welcome to bring a family member, partner, carer, friend etc.

Smart Hub Update Notification



Smart Hub firmware version 5.6.6 will be rolled out by Tunstall to all alarms between October and 7 January 2020.

The alarm will make announcements when it is downloading and installing the update. The alarm will continue to function during the update. You do not need to do anything .

If you have any concerns, please call Tunstall Customer Service directly on 1800 603 377.

Need a haircut (at home)?

We have several fully qualified, trained and friendly hairdressers on staff who can cut your hair, in your home!



This service is available for anyone on the CHSP program with any of the following services: Social support, respite or flexible respite, personal care and domestic assistance*.

Your existing service (e.g. personal care) will be extended by half an hour. The haircut will

Please note appointments are limited and available only to Adssi clients – i.e. not family members or anyone else living in your home. Service is limited to haircuts i.e. no colours, dyes, sets, perms etc. * Home Care Packages clients please discuss with your Case Manager.

Please call 1300 578 478 to book.

No plans for

Christmas Day?

Head along to Wyong Racecourse and celebrate the joy of Christmas with The Samaritans

Plenty of festive food, fun and entertainment

WEDNESDAY 25 DECEMBER WYONG RACECOURSE Howarth St, Wyong

For more information please contact Samaritans 4384 8402 or visit www.samaritans.org.au

Meet some of our team...



Name Kathy
Role Case Manager
Favourite Movie Dirty Dancing
Cats or Dogs? definitely cats - they rule my house!
Summer or Winter? Summer - love longer days!

What do you love about working at Adssi?
Working with a great team in a friendly atmosphere – it is great to bounce problems off each other to come up with a solution.



Name Becky
Role Support Advisor
Favourite Movie Robin Hood
Cats or Dogs? Dogs
Summer or Winter? Both! I love the sunshine as much as the falling snow flakes ☺

What do you love about working at Adssi?
I love that Adssi is adamant that our clients always come first. I feel so grateful that I can assist people to remain in their own home.